



**GB JUDO WCPP**

# **ANNUAL PLANS**

**For Athletes Identified for the WCPP**





# WCPP TOKYO PROGRAMME | Competition & Global Randori Planner

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| 2017       | 1  | 2                    | 3          | 4  | 5                      | 6                      | 7    | 8          | 9                           | 10               | 11 | 12                  | 13 | 14 | 15         | 16                  | 17                | 18                      | 19         | 20 | 21                     | 22 | 23         | 24             | 25                          | 26         | 27   | 28 | 29                  | 30 | 31                     |                      |  |                |  |  |            |  |  |  |
|------------|----|----------------------|------------|----|------------------------|------------------------|------|------------|-----------------------------|------------------|----|---------------------|----|----|------------|---------------------|-------------------|-------------------------|------------|----|------------------------|----|------------|----------------|-----------------------------|------------|--|----|---------------------|----|------------------------|----------------------|--|----------------|--|--|------------|--|--|--|
| TOKYO Prog |    |                      |            |    |                        |                        |      | Travel Day | OTC EJU TRAINING CAMP - AUT |                  |    |                     |    |    |            |                     |                   |                         |            |    |                        |    | ONST       |                |                             |            |  |    |                     |    |                        |                      |  |                |  |  |            |  |  |  |
| wk         |    | 1                    | NR         |    |                        |                        |      |            | 2                           | NR               |    |                     |    |    |            | 3                   | NR                |                         |            |    |                        |    | 4          | NR             |                             |            |  |    |                     | 5  | NR                     |                      |  |                |  |  |            |  |  |  |
| TOKYO Prog |    |                      |            |    |                        |                        |      |            | Travel Day                  | PARIS GRAND SLAM |    | Paris Training Camp |    |    |            | Travel              |                   |                         |            |    |                        |    | Travel Day | GER Grand Prix |                             |            | Travel Day   |    |                     |    |                        |                      |  |                |  |  |            |  |  |  |
| wk         | 5  |                      |            |    | 6                      | NR                     |      |            |                             |                  |    | 7                   | NR |    | 3          |                     |                   |                         |            |    |                        |    | 8          | NR             |                             |            |  | 9  | NR                  |    |                        |                      |  |                |  |  |            |  |  |  |
| TOKYO Prog |    |                      | Travel Day |    |                        | JPN Randori Camp       |      |            |                             |                  |    |                     |    |    |            |                     |                   |                         | Travel Day |    |                        |    |            |                |                             |            |  |    |                     |    | European Training Base |                      |  |                |  |  |            |  |  |  |
| wk         |    |                      |            |    | 10                     | NR                     |      |            |                             |                  |    |                     | 11 | NR |            |                     |                   |                         |            |    |                        |    | 12         | NR             |                             |            |  | 13 | NR                  |    |                        |                      |  |                |  |  |            |  |  |  |
| TOKYO Prog |    |                      |            |    |                        |                        | ONST |            |                             |                  |    |                     |    |    |            |                     |                   | Travel Day POL          |            |    | EUROPEAN CHAMPIONSHIPS |    |            |                | Travel Day                  |            |  |    |                     |    |                        |                      |  |                |  |  |            |  |  |  |
| wk         |    |                      | 14         | NR |                        |                        |      |            |                             | 15               | NR |                     |    |    |            |                     | 16                | NR                      |            |    |                        |    |            | 17             | NR                          |            |  |    |                     |    |                        |                      |  |                |  |  |            |  |  |  |
| TOKYO Prog |    |                      |            |    |                        |                        |      |            |                             |                  |    |                     |    |    |            |                     | Travel Day        | KOR or MGL Randori Camp |            |    |                        |    |            |                |                             |            |  |    |                     |    | Travel Day             |                      |  |                |  |  |            |  |  |  |
| wk         | 18 | NR                   |            |    |                        |                        |      |            | 19                          | NR               |    |                     |    |    |            | 20                  | NR                |                         |            |    |                        |    |            | 21             | NR                          |            |  |    | 22                  | NR |                        |                      |  |                |  |  |            |  |  |  |
| TOKYO Prog |    |                      |            |    | European Training Base |                        |      |            |                             |                  |    |                     |    |    |            |                     |                   | ONST                    |            |    |                        |    |            | Travel Day     | OTC EJU TRAINING CAMP - ESP |            |  |    |                     |    |                        |                      |  |                |  |  |            |  |  |  |
| wk         |    |                      |            |    | 23                     | NR                     |      |            |                             |                  |    | 24                  | NR |    |            |                     |                   |                         |            | 25 | NR                     |    |            |                |                             | 26         | NR   |    |                     | 5  | 6                      | 7                    |  |                |  |  |            |  |  |  |
| TOKYO Prog |    |                      | Travel Day |    |                        |                        |      |            |                             |                  |    |                     |    |    | Travel Day | GER Open Ecup       | GER Training Camp |                         |            |    |                        |    |            |                |                             |            |  |    |                     |    | Travel Day             | BERLIN TC            |  |                |  |  |            |  |  |  |
| wk         |    |                      |            | 27 | NR                     |                        |      |            |                             | 28               | NR |                     |    |    |            |                     |                   | 1                       | 2          | 3  |                        |    |            |                |                             | 30         | NR   |    |                     |    |                        |                      |  |                |  |  |            |  |  |  |
| TOKYO Prog |    | BERLIN TC            |            |    |                        |                        |      |            |                             |                  |    |                     |    |    |            | WC PREPARATION CAMP |                   |                         |            |    |                        |    |            |                |                             |            | Travel Day HUN   |    | WORLD CHAMPIONSHIPS |    |                        |                      |  |                |  |  |            |  |  |  |
| wk         |    | NR                   |            |    |                        |                        |      | 32         | NR                          |                  |    |                     |    | 33 | NR         |                     |                   |                         |            |    |                        |    |            |                |                             |            |  |    | 35                  |    |                        |                      |  |                |  |  |            |  |  |  |
| TOKYO Prog |    | WORLD CHAMPIONSHIPS  |            |    | Travel Day             | REST & RECOVERY        |      |            |                             |                  |    |                     |    |    |            |                     |                   | OFF SEASON PROGRAMME    |            |    |                        |    |            |                |                             |            |  |    |                     |    |                        |                      |  |                |  |  |            |  |  |  |
| wk         |    |                      |            | 36 | NR                     |                        |      |            |                             |                  |    |                     |    |    |            |                     |                   |                         |            |    |                        |    |            |                |                             |            |  | 39 | NR                  |    |                        |                      |  |                |  |  |            |  |  |  |
| TOKYO Prog |    | OFF SEASON PROGRAMME |            |    |                        |                        |      |            |                             |                  |    |                     |    |    |            |                     |                   |                         |            |    |                        |    |            |                |                             |            |  |    |                     |    | Travel Day             |                      |  | UAE GRAND SLAM |  |  | Travel Day |  |  |  |
| wk         |    | 40                   |            |    |                        |                        |      |            | 41                          | NR               |    |                     |    |    |            |                     |                   |                         |            |    |                        |    |            |                |                             |            | 43   | NR |                     |    | 44                     | NR                   |  |                |  |  |            |  |  |  |
| TOKYO Prog |    |                      |            |    |                        | European Training Base |      |            |                             |                  |    |                     |    |    |            |                     |                   |                         |            |    |                        |    |            |                |                             | Travel Day | JAPAN - KEIO UNIVERSITY Tokyo Pre-Games Camp Training Base |    |                     |    |                        | Travel to Comp Hotel |  |                |  |  |            |  |  |  |
| wk         |    |                      |            |    | 45                     | NR                     |      |            |                             |                  |    |                     | 46 | NR |            |                     |                   |                         |            |    |                        |    |            |                |                             |            |  |    | 48                  | NR |                        |                      |  |                |  |  |            |  |  |  |
| TOKYO Prog |    | TOKYO GRAND SLAM     |            |    | Travel Day             |                        |      |            |                             |                  |    |                     |    |    |            |                     |                   |                         |            |    |                        |    |            |                |                             |            |  |    |                     |    |                        |                      |  |                |  |  |            |  |  |  |
| wk         |    |                      |            | 49 | NR                     |                        |      |            |                             |                  |    |                     |    |    |            |                     |                   |                         |            |    |                        |    |            |                |                             |            |  |    |                     |    |                        |                      |  |                |  |  |            |  |  |  |
| 2017       | 1  | 2                    | 3          | 4  | 5                      | 6                      | 7    | 8          | 9                           | 10               | 11 | 12                  | 13 | 14 | 15         | 16                  | 17                | 18                      | 19         | 20 | 21                     | 22 | 23         | 24             | 25                          | 26         | 27   | 28 | 29                  | 30 | 31                     |                      |  |                |  |  |            |  |  |  |

# WCPP SENIOR Programme WOMEN | Competition & Global Randori Planner



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| 2017        | 1  | 2              | 3                        | 4                               | 5          | 6                      | 7    | 8          | 9                           | 10         | 11 | 12             | 13                  | 14                   | 15           | 16                | 17         | 18                              | 19         | 20         | 21                          | 22         | 23             | 24             | 25         | 26         | 27 | 28 | 29             | 30        | 31         |            |  |                |  |
|-------------|----|----------------|--------------------------|---------------------------------|------------|------------------------|------|------------|-----------------------------|------------|----|----------------|---------------------|----------------------|--------------|-------------------|------------|---------------------------------|------------|------------|-----------------------------|------------|----------------|----------------|------------|------------|----|----|----------------|-----------|------------|------------|--|----------------|--|
| Senior Prog |    |                |                          |                                 |            |                        |      | Travel Day | OTC EJU TRAINING CAMP - AUT |            |    |                |                     |                      |              |                   |            |                                 |            |            |                             |            | ONST           |                |            |            |    |    |                |           |            |            |  |                |  |
| wk          |    | 1              | NR                       |                                 |            |                        |      |            | 2                           | NR         |    |                |                     |                      |              | 3                 | NR         |                                 |            |            |                             | 4          | NR             |                |            |            |    |    | 5              | NR        |            |            |  |                |  |
| Senior Prog |    |                | Travel Day               | POR M or BUL W Continental Open | Travel Day |                        |      |            |                             |            |    | Travel Day     | Paris Training Camp |                      |              | Travel Day        | Travel Day | ITA M or AUT W Continental Open | Travel Day |            | Travel Day                  |            | Travel Day     | GER Grand Prix |            | Travel Day |    |    |                |           |            |            |  |                |  |
| wk          | 5  |                |                          |                                 | 6          | NR                     |      |            |                             |            |    | 7              | NR                  | 3                    |              |                   |            |                                 |            | 8          | NR                          |            |                |                |            |            | 9  | NR |                |           |            |            |  |                |  |
| Senior Prog |    |                | Travel Day               |                                 |            | JPN Randori Camp       |      |            |                             |            |    |                |                     |                      |              |                   |            | Travel Day                      |            |            |                             |            |                |                |            |            |    |    |                |           |            | Travel Day |  | GEO Grand Prix |  |
| wk          |    |                |                          |                                 | 10         | NR                     |      |            |                             |            |    |                | 11                  | NR                   |              |                   |            |                                 |            |            | 12                          | NR         |                |                |            |            |    | 13 | NR             |           |            |            |  |                |  |
| Senior Prog |    | GEO Grand Prix | Travel Day               |                                 |            |                        |      | ONST       |                             |            |    |                |                     |                      |              |                   |            |                                 |            |            |                             |            |                |                |            |            |    |    |                |           |            |            |  |                |  |
| wk          |    |                | 14                       | NR                              |            |                        |      |            |                             | 15         | NR |                |                     |                      |              |                   | 16         | NR                              |            |            |                             |            |                |                |            |            |    |    |                |           |            |            |  |                |  |
| Senior Prog |    |                |                          |                                 |            |                        |      |            |                             | Travel Day |    | KAZ Grand Prix |                     | Travel Day           |              |                   |            |                                 |            |            | European Training Base      |            |                |                |            |            |    |    |                |           |            |            |  |                |  |
| wk          | 18 | NR             |                          |                                 |            |                        |      | 19         | NR                          |            |    |                |                     |                      | 20           | NR                |            |                                 |            |            |                             |            |                |                |            |            |    |    | 22             | NR        |            |            |  |                |  |
| Senior Prog |    | Travel Day     | ROU M&W Continental Open | Travel Day                      |            |                        |      | Travel Day | BLR M&W Continental Open    | Travel Day |    |                |                     |                      |              | ONST              |            |                                 |            | Travel Day | OTC EJU TRAINING CAMP - ESP |            |                |                |            |            |    |    |                |           |            |            |  |                |  |
| wk          |    |                |                          | 23                              | NR         |                        |      |            |                             |            |    | 24             | NR                  |                      |              |                   |            |                                 |            | 25         | NR                          |            |                |                |            |            | 26 | NR | 5              | 6         | 7          |            |  |                |  |
| Senior Prog |    | Travel Day     |                          |                                 |            |                        |      |            |                             |            |    |                |                     | Travel Day           | GER Open Eup | GER Training Camp |            |                                 |            |            |                             |            |                |                |            |            |    |    | Travel Day     | BERLIN TC |            |            |  |                |  |
| wk          |    |                | 27                       | NR                              |            |                        |      |            |                             |            |    | 28             | NR                  |                      |              |                   |            |                                 |            |            |                             |            |                |                |            |            |    | 30 | NR             | 31        |            |            |  |                |  |
| Senior Prog |    | BERLIN TC      | Travel                   |                                 |            |                        |      |            |                             |            |    |                |                     | WC PREPARATION CAMP  |              |                   |            |                                 |            |            |                             |            |                |                |            |            |    |    |                |           |            |            |  |                |  |
| wk          | NR |                |                          |                                 |            |                        |      | 32         | NR                          |            |    |                |                     | 33                   | NR           |                   |            |                                 |            |            |                             |            |                |                |            |            |    |    | 35             |           |            |            |  |                |  |
| Senior Prog |    |                |                          | European Training Base          |            |                        |      |            |                             |            |    |                |                     |                      |              |                   |            |                                 |            |            |                             | Travel Day | CRO Grand Prix |                | Travel Day |            |    |    |                |           |            |            |  |                |  |
| wk          |    |                |                          | 36                              | NR         |                        |      |            |                             |            |    | 37             | NR                  |                      |              |                   |            |                                 |            |            |                             |            |                |                |            |            |    | 39 | NR             |           |            |            |  |                |  |
| Senior Prog |    |                |                          |                                 |            |                        | ONST |            |                             |            |    |                | Travel Day          | SRB Continental Open | Travel Day   |                   |            |                                 |            |            |                             |            | Travel Day     |                |            |            |    |    | UAE Grand Slam |           | Travel Day |            |  |                |  |
| wk          |    |                | 40                       |                                 |            |                        |      |            | 41                          | NR         |    |                |                     |                      |              | 42                | NR         |                                 |            |            |                             |            |                |                |            |            |    |    | 44             | NR        |            |            |  |                |  |
| Senior Prog |    |                |                          |                                 |            | European Training Base |      |            |                             |            |    |                |                     |                      |              |                   |            |                                 |            |            |                             |            |                |                |            |            |    |    |                |           |            |            |  |                |  |
| wk          |    |                |                          |                                 | 45         | NR                     |      |            |                             |            |    |                | 46                  | NR                   |              |                   |            |                                 |            |            |                             |            |                |                |            |            |    |    | 48             | NR        |            |            |  |                |  |
| Senior Prog |    |                |                          |                                 |            |                        |      | Travel Day | British Champs              |            |    |                |                     |                      |              |                   |            |                                 |            |            |                             |            |                |                |            |            |    |    |                |           |            |            |  |                |  |
| wk          |    |                |                          | 49                              | NR         |                        |      |            |                             |            |    |                |                     |                      |              |                   |            |                                 |            |            |                             |            |                |                |            |            |    |    |                |           |            |            |  |                |  |
| 2017        | 1  | 2              | 3                        | 4                               | 5          | 6                      | 7    | 8          | 9                           | 10         | 11 | 12             | 13                  | 14                   | 15           | 16                | 17         | 18                              | 19         | 20         | 21                          | 22         | 23             | 24             | 25         | 26         | 27 | 28 | 29             | 30        | 31         |            |  |                |  |



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| 2017        | 1  | 2              | 3                        | 4                               | 5                      | 6                | 7    | 8          | 9                           | 10         | 11 | 12             | 13                  | 14                   | 15                | 16         | 17         | 18                              | 19         | 20         | 21                          | 22         | 23             | 24             | 25         | 26         | 27 | 28 | 29             | 30         | 31         |            |  |                |  |  |  |  |
|-------------|----|----------------|--------------------------|---------------------------------|------------------------|------------------|------|------------|-----------------------------|------------|----|----------------|---------------------|----------------------|-------------------|------------|------------|---------------------------------|------------|------------|-----------------------------|------------|----------------|----------------|------------|------------|----|----|----------------|------------|------------|------------|--|----------------|--|--|--|--|
| Senior Prog |    |                |                          |                                 |                        |                  |      | Travel Day | OTC EJU TRAINING CAMP - AUT |            |    |                |                     |                      |                   |            |            |                                 |            |            |                             |            | ONST           |                |            |            |    |    |                |            |            |            |  |                |  |  |  |  |
| wk          |    | 1              | NR                       |                                 |                        |                  |      |            | 2                           | NR         |    |                |                     |                      |                   | 3          | NR         |                                 |            |            |                             | 4          | NR             |                |            |            |    |    | 5              | NR         |            |            |  |                |  |  |  |  |
| Senior Prog |    |                | Travel Day               | POR M or BUL W Continental Open | Travel Day             |                  |      |            |                             |            |    | Travel Day     | Paris Training Camp |                      |                   | Travel Day | Travel Day | ITA M or AUT W Continental Open | Travel Day |            |                             | Travel Day |                | GER Grand Prix |            | Travel Day |    |    |                |            |            |            |  |                |  |  |  |  |
| wk          | 5  |                |                          |                                 | 6                      | NR               |      |            |                             |            |    | 7              | NR                  | 3                    |                   |            |            |                                 |            | 8          | NR                          |            |                |                |            |            | 9  | NR |                |            |            |            |  |                |  |  |  |  |
| Senior Prog |    |                | Travel Day               |                                 |                        | JPN Randori Camp |      |            |                             |            |    |                |                     |                      |                   |            |            | Travel Day                      |            |            |                             |            |                |                |            |            |    |    |                |            |            | Travel Day |  | GEO Grand Prix |  |  |  |  |
| wk          |    |                |                          |                                 | 10                     | NR               |      |            |                             |            |    |                | 11                  | NR                   |                   |            |            |                                 |            |            | 12                          | NR         |                |                |            |            |    | 13 | NR             |            |            |            |  |                |  |  |  |  |
| Senior Prog |    | GEO Grand Prix | Travel Day               |                                 |                        |                  | ONST |            |                             |            |    |                |                     |                      |                   |            |            |                                 |            |            |                             |            |                |                |            |            |    |    |                |            |            |            |  |                |  |  |  |  |
| wk          |    |                | 14                       | NR                              |                        |                  |      |            |                             | 15         | NR |                |                     |                      |                   |            | 16         | NR                              |            |            |                             |            |                |                |            |            |    |    |                |            |            |            |  |                |  |  |  |  |
| Senior Prog |    |                |                          |                                 |                        |                  |      |            |                             | Travel Day |    | KAZ Grand Prix |                     | Travel Day           |                   |            |            |                                 |            |            | European Training Base      |            |                |                |            |            |    |    |                |            |            |            |  |                |  |  |  |  |
| wk          | 18 | NR             |                          |                                 |                        |                  |      | 19         | NR                          |            |    |                |                     |                      | 20                | NR         |            |                                 |            |            |                             |            |                |                |            |            |    |    | 22             | NR         |            |            |  |                |  |  |  |  |
| Senior Prog |    | Travel Day     | ROU M&W Continental Open | Travel Day                      |                        |                  |      | Travel Day | BLR M&W Continental Open    | Travel Day |    |                |                     |                      | ONST              |            |            |                                 |            | Travel Day | OTC EJU TRAINING CAMP - ESP |            |                |                |            |            |    |    |                |            |            |            |  |                |  |  |  |  |
| wk          |    |                |                          | 23                              | NR                     |                  |      |            |                             |            | 24 | NR             |                     |                      |                   |            |            |                                 |            | 25         | NR                          |            |                |                |            |            | 26 | NR | 5              | 6          | 7          |            |  |                |  |  |  |  |
| Senior Prog |    | Travel Day     |                          |                                 |                        |                  |      |            |                             |            |    |                | Travel Day          | GER Open Ecup        | GER Training Camp |            |            |                                 |            |            |                             |            |                |                |            |            |    |    |                | Travel Day | BERLIN TC  |            |  |                |  |  |  |  |
| wk          |    |                |                          | 27                              | NR                     |                  |      |            |                             |            | 28 | NR             |                     |                      |                   |            | 29         | NR                              |            |            |                             |            |                |                |            |            | 30 | NR |                |            | 31         |            |  |                |  |  |  |  |
| Senior Prog |    | BERLIN TC      | Travel                   |                                 |                        |                  |      |            |                             |            |    |                |                     | WC PREPARATION CAMP  |                   |            |            | World University Championships  |            |            |                             |            |                |                |            |            |    |    |                |            |            |            |  |                |  |  |  |  |
| wk          | NR |                |                          |                                 |                        |                  | 32   | NR         |                             |            |    |                | 33                  | NR                   |                   |            |            |                                 |            |            |                             |            | 34             | NR             |            |            |    |    |                | 35         |            |            |  |                |  |  |  |  |
| Senior Prog |    |                |                          | European Training Base          |                        |                  |      |            |                             |            |    |                |                     |                      |                   |            |            |                                 |            |            |                             | Travel Day | CRO Grand Prix |                | Travel Day |            |    |    |                |            |            |            |  |                |  |  |  |  |
| wk          |    |                | 36                       | NR                              |                        |                  |      |            |                             |            | 37 | NR             |                     |                      |                   |            |            |                                 |            |            |                             | 38         | NR             |                |            |            |    | 39 | NR             |            |            |            |  |                |  |  |  |  |
| Senior Prog |    |                |                          |                                 | ONST                   |                  |      |            |                             |            |    |                | Travel Day          | SRB Continental Open | Travel Day        |            |            |                                 |            |            |                             |            |                | Travel Day     |            |            |    |    | UAE Grand Slam |            | Travel Day |            |  |                |  |  |  |  |
| wk          |    | 40             |                          |                                 |                        |                  |      | 41         | NR                          |            |    |                |                     |                      | 42                | NR         |            |                                 |            |            |                             |            |                | 43             | NR         |            |    |    |                | 44         | NR         |            |  |                |  |  |  |  |
| Senior Prog |    |                |                          |                                 | European Training Base |                  |      |            |                             |            |    |                |                     |                      |                   |            |            |                                 |            |            |                             |            |                |                |            |            |    |    |                |            |            |            |  |                |  |  |  |  |
| wk          |    |                |                          |                                 | 45                     | NR               |      |            |                             |            |    |                | 46                  | NR                   |                   |            |            |                                 |            |            | 47                          | NR         |                |                |            |            |    |    | 48             | NR         |            |            |  |                |  |  |  |  |
| Senior Prog |    |                |                          |                                 |                        |                  |      | Travel Day | British Champs              |            |    |                |                     |                      |                   |            |            |                                 |            |            |                             |            |                |                |            |            |    |    |                |            |            |            |  |                |  |  |  |  |
| wk          |    |                |                          | 49                              | NR                     |                  |      |            |                             |            |    | 50             | NR                  |                      |                   |            |            |                                 |            |            | 51                          | NR         |                |                |            |            |    |    | 52             |            |            |            |  |                |  |  |  |  |
| 2017        | 1  | 2              | 3                        | 4                               | 5                      | 6                | 7    | 8          | 9                           | 10         | 11 | 12             | 13                  | 14                   | 15                | 16         | 17         | 18                              | 19         | 20         | 21                          | 22         | 23             | 24             | 25         | 26         | 27 | 28 | 29             | 30         | 31         |            |  |                |  |  |  |  |

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| 2017            | 1                      | 2          | 3            | 4                     | 5                 | 6  | 7                  | 8          | 9                  | 10                 | 11                 | 12 | 13         | 14                 | 15                         | 16                    | 17           | 18                    | 19         | 20         | 21           | 22         | 23         | 24         | 25                       | 26                                 | 27 | 28 | 29         | 30                 | 31                |    |    |            |              |                        |  |
|-----------------|------------------------|------------|--------------|-----------------------|-------------------|----|--------------------|------------|--------------------|--------------------|--------------------|----|------------|--------------------|----------------------------|-----------------------|--------------|-----------------------|------------|------------|--------------|------------|------------|------------|--------------------------|------------------------------------|----|----|------------|--------------------|-------------------|----|----|------------|--------------|------------------------|--|
| JNR & ACAD Prog |                        |            |              |                       |                   |    |                    |            |                    |                    |                    |    | Travel Day | SCO OPEN JNR & SNR | SCO Randori Day            |                       |              |                       |            | ONST       |              |            |            |            |                          |                                    |    |    |            |                    |                   |    |    |            |              |                        |  |
| wk              | 1                      | NR         |              |                       |                   |    |                    | 2          |                    | NR                 |                    |    |            |                    | 3                          |                       | NR           |                       |            |            |              | 4          |            | NR         |                          |                                    |    |    |            | 5                  | NR                |    |    |            |              |                        |  |
| JNR & ACAD Prog |                        |            | Travel Day   | BEL OPEN M&W          | Spa TRAINING CAMP |    |                    |            |                    |                    |                    |    |            |                    |                            |                       |              |                       |            |            |              |            |            |            |                          |                                    |    |    |            |                    |                   |    |    |            |              |                        |  |
| wk              | 5                      |            |              |                       | 6                 | 1  | 2                  | 3          |                    |                    |                    |    | 7          |                    | NR                         |                       |              |                       |            |            | 8            |            | NR         |            |                          |                                    |    | 9  |            | NR                 |                   |    |    |            |              |                        |  |
| JNR & ACAD Prog |                        |            |              |                       |                   |    |                    |            |                    |                    | NAT. U23 JNR SQUAD |    |            |                    |                            |                       | Travel Day   | POR JNR ECUP          |            | Travel Day |              |            |            | Travel Day | BREMEN U21 THURINGIA U21 | JNR Bremen/Thuringia TRAINING CAMP |    |    | Travel Day |                    |                   |    |    |            |              |                        |  |
| wk              |                        |            |              |                       | 10                |    | NR                 |            |                    |                    |                    |    | 11         |                    | NR                         |                       |              |                       |            |            | 12           |            | NR         |            |                          |                                    |    | 13 |            | NR                 |                   |    |    |            |              |                        |  |
| JNR & ACAD Prog |                        |            |              |                       |                   |    |                    | ONST       |                    |                    |                    |    | Travel Day |                    | RUS JNR ECUP               | JNR RUS TRAINING CAMP |              |                       |            | Travel Day |              |            |            |            |                          |                                    |    |    | Travel Day | ENG OPEN JNR & SNR | ENG Randori Day   |    |    |            |              |                        |  |
| wk              |                        |            |              | 14                    |                   | NR |                    |            |                    |                    |                    | 15 |            | NR                 |                            |                       |              | 16                    |            | NR         |              |            |            |            |                          | 17                                 |    | NR |            |                    |                   |    |    |            |              |                        |  |
| JNR & ACAD Prog |                        |            |              |                       |                   |    | NAT. U23 JNR SQUAD |            |                    |                    |                    |    |            |                    |                            |                       |              |                       |            |            | JNR ESP (SF) |            |            |            |                          |                                    |    |    |            |                    |                   |    |    |            |              |                        |  |
| wk              | 18                     |            | NR           |                       |                   |    |                    |            | 19                 |                    | NR                 |    |            |                    |                            | 20                    |              | NR                    |            |            |              |            | 21         |            | NR                       |                                    |    |    |            | 22                 |                   | NR |    |            |              |                        |  |
| JNR & ACAD Prog |                        | Travel Day | AUT JNR ECUP | JNR AUT TRAINING CAMP |                   |    |                    | Travel Day |                    |                    |                    |    |            |                    |                            | ONST                  |              |                       |            |            |              |            | Travel Day |            |                          | BRA Randori Camp - MTC             |    |    |            |                    |                   |    |    |            |              |                        |  |
| wk              |                        |            |              |                       | 23                |    | NR                 |            |                    |                    |                    |    | 24         |                    | NR                         |                       |              |                       |            |            |              |            |            |            |                          |                                    |    | 26 |            | NR                 |                   |    |    |            |              |                        |  |
| JNR & ACAD Prog | BRA Randori Camp - MTC |            |              |                       |                   |    |                    |            |                    |                    |                    |    | Travel Day |                    |                            | Travel Day            | HUN JNR ECUP | JNR HUN TRAINING CAMP |            |            |              | Travel Day |            |            |                          |                                    |    |    |            |                    |                   |    |    | Travel Day | GER JNR ECUP | JNR GER TC             |  |
| wk              | 6                      | 7          | 8            | 9                     | 10                | 11 | 12                 |            |                    |                    |                    |    |            |                    |                            |                       |              | 1                     | 2          | 3          |              |            |            |            |                          |                                    |    |    |            |                    |                   | 31 |    |            |              |                        |  |
| JNR & ACAD Prog | JNR GER TC             | Travel     |              |                       |                   |    |                    |            |                    |                    |                    |    |            |                    | WC PREPARATION CAMP        |                       |              |                       |            |            |              |            |            |            |                          |                                    |    |    |            |                    |                   |    |    |            | Travel       | European Training Base |  |
| wk              | NR                     |            |              |                       |                   |    |                    | 32         |                    | NR                 |                    |    |            |                    |                            |                       |              |                       |            |            |              |            |            |            |                          |                                    |    |    |            |                    |                   | 35 |    |            |              |                        |  |
| JNR & ACAD Prog |                        | Travel     |              |                       |                   |    |                    |            |                    |                    | NAT. U23 JNR SQUAD |    | Travel Day |                    | JNR EUROPEAN CHAMPIONSHIPS |                       |              |                       | Travel Day |            |              |            |            |            |                          |                                    |    |    |            |                    | Stasburg Camp FRA |    |    |            |              |                        |  |
| wk              |                        |            |              | 36                    |                   | NR |                    |            |                    |                    |                    |    |            |                    |                            |                       |              |                       |            |            |              |            |            |            |                          |                                    |    |    |            |                    | 39                |    | NR |            |              |                        |  |
| JNR & ACAD Prog |                        | Camp FRA   |              |                       |                   |    |                    |            |                    |                    |                    |    |            |                    |                            |                       |              |                       |            |            |              |            |            |            |                          |                                    |    |    |            |                    |                   |    |    |            |              |                        |  |
| wk              | 4                      |            |              |                       |                   |    |                    |            |                    |                    |                    |    |            |                    |                            |                       |              |                       |            |            |              |            |            |            |                          |                                    |    |    |            |                    |                   |    |    |            |              |                        |  |
| JNR & ACAD Prog |                        |            |              |                       |                   |    |                    |            |                    |                    |                    |    |            |                    |                            |                       |              |                       |            |            |              |            |            |            |                          |                                    |    |    |            |                    |                   |    |    |            |              |                        |  |
| wk              |                        |            |              |                       |                   |    |                    |            |                    |                    |                    |    |            |                    |                            |                       |              |                       |            |            |              |            |            |            |                          |                                    |    |    |            |                    |                   |    |    |            |              |                        |  |
| JNR & ACAD Prog |                        |            |              |                       |                   |    |                    | Travel Day | British Champs JNR | British Champs SNR |                    |    |            |                    |                            |                       |              |                       |            |            |              |            |            |            |                          |                                    |    |    |            |                    |                   |    |    |            |              |                        |  |
| wk              |                        |            |              | 49                    |                   | NR |                    |            |                    |                    |                    |    |            |                    |                            |                       |              |                       |            |            |              |            |            |            |                          |                                    |    |    |            |                    |                   |    |    |            |              |                        |  |
| 2017            | 1                      | 2          | 3            | 4                     | 5                 | 6  | 7                  | 8          | 9                  | 10                 | 11                 | 12 | 13         | 14                 | 15                         | 16                    | 17           | 18                    | 19         | 20         | 21           | 22         | 23         | 24         | 25                       | 26                                 | 27 | 28 | 29         | 30                 | 31                |    |    |            |              |                        |  |