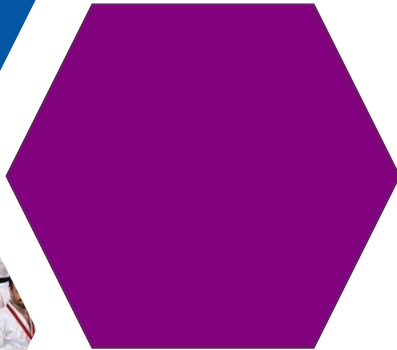
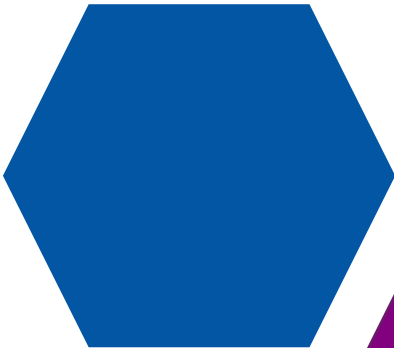


JudoScotland Performance Pathways



JudoScotland

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Introduction to Performance Pathway

The JudoScotland Performance Pathway aims to develop players capable of achieving Olympic, World, European and Commonwealth success, whilst giving valuable life experiences.

Scottish judoka have a proud history of performing on the World stage, with our athletes having stood on podiums across the globe. Our programmes are designed to give the same opportunities to future generations of Scottish judo stars.

This document aims to give athletes, parents and coaches an overview of the programmes that we operate from our National Training Centre in Edinburgh. If you require any further information please contact the High Performance Coach, Euan Burton or National Talent Development Coach, Gary Edwards.



Performance Pathway for Judo-in-Scotland

Age

8

23+

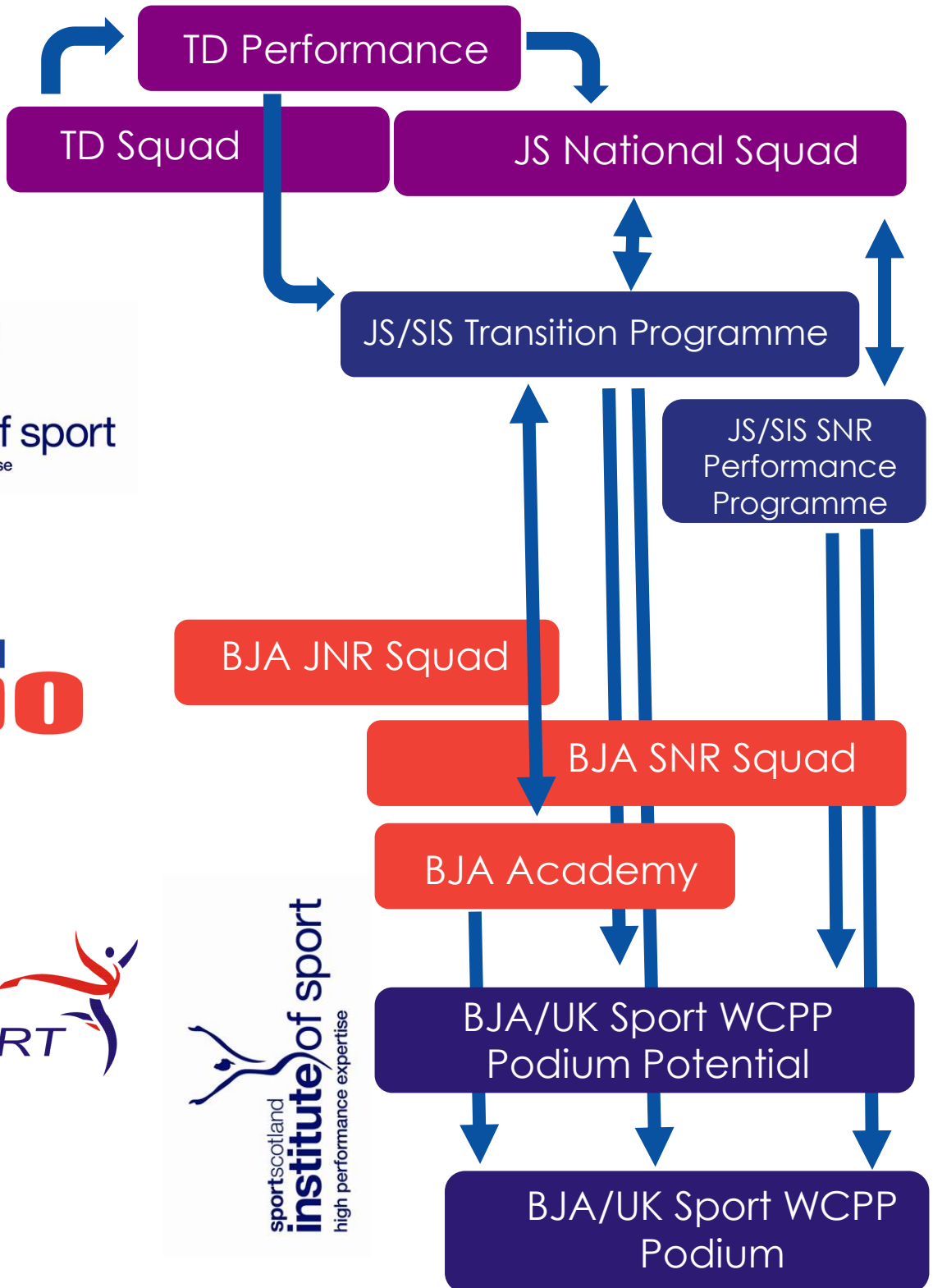
Club



JudoScotland



**BRITISH
JUDO**



Performance Programme Profiles

JudoScotland Talent Development (TD) Squad

Age	11-16 (Pre-cadet to Cadet)
Entry Process	Annual Application process. Performance Level = Scottish Age Band Medallist or Top 1 on JudoScotland Grand Prix Circuit Ranking List.
Programme Expectation	Commitment at TD sessions. Continued development through club.
Support Provision	Weekly TD regional session. 6x single session invite for TD camps.

JudoScotland Talent Development Performance (TDP) Squad

Age	13 – 17 (Cadet)
Entry Process	Annual Application process. Identified event points matrix (see Appendix A for further information). Training behaviour assessment.
Programme Expectation	Attendance at all TDP weekend camps. Min 1 x per month attendance at regional TDP sessions.
Support Provision	Subsidised JudoScotland teamwear. Subsidised regional physiotherapy access. Weekly regional TDP sessions. 6 x TDP domestic weekend camps (Tulliallan). Part subsidised international comp & camp exposure.

JudoScotland National Squad

Age	16+ (Junior & Senior)
Entry Process	Non SIS supported. Currently competing in GB ranking events (T16 Snr /T10 Jnr). Attendance supports NTC programme.
Programme Expectation	Minimum attendance at NTC sessions (TBC – Currently 4 x per month). Available to compete for Scotland at Scottish Open /National Teams / CWG.
Support Provision	Subsidised JudoScotland teamwear. Access to JS facility & coaching. Subsidised regional physiotherapy. Part Subsidised Event Programme

JudoScotland Transition Programme (Current)

Age	17-23 (Cadet 3, Junior 1,2,3 & Snr 1,2,3)
Entry Process	Current member of GB WCPP / GB Academy and/or Completed application & interview process. Assessment of performance history, physical competence, technical competence & ability to engage with programme.
Programme Expectation	Weekly minimum JS programme commitment: 4 x Judo & 3 x S&C. Commitment to excellence in all sessions. Non Academic Term time 3-5 day camps. Available to compete for Scotland in Scottish Open / National Teams / CWG.
Support Provision	JudoScotland teamwear. Full access to SIS coaching and support service provision. Subsidised International & Domestic Camp Programme.

JudoScotland Senior Performance Programme

Age	23+ (Senior)
Entry Process	Current member of GB WCPP Or Snr World Ranking / IJF tour profile supports major championship aspiration.
Programme Expectation	Full commitment to GB WCPP or Proven ability to qualify for next major championship. Weekly minimum JS programme commitment: 4 x Judo & 3 x S&C. Commitment to excellence in all sessions. Available to compete for Scotland in Scottish Open / National Teams / CWG.
Support Provision	JudoScotland teamwear. Full access to SIS coaching and support service provision Event budget to support WRL / major championship success.

BJA Junior National Squad

Age	14-20
Entry Process	Medallist at GB Junior Championships or Co-option process.
Programme Expectation	Attendance at 4 x ONST per year. Follow 5 week prep programme at GB CoE if selected for Jnr Euro / Jnr World Champs.
Support Provision	GB teamwear. Event and training programme administered by Home Nation. GB run Jnr Euro / Jnr World preparation and comps.

BJA Senior National Squad

Age	14+ (Senior)
Entry Process	Medallist at GB Senior Championships or Co-option process.
Programme Expectation	Attendance at 4 x ONST per year. Follow preparation programme at GB CoE if selected for Senior Euro / Senior World Championships.
Support Provision	BJA Teamwear. Ability to apply to self-fund to Senior Continental Open Events.

BJA Academy

Age	16-19
Entry Process	Application process. Home Nation Head Coach required to advise on suitability of athlete to transfer to Academy programme.
Programme Expectation	Tier 1- Full Time (Players identified 1-2 yrs from WCPP): Commitment to a full time training and competition programme delivered from BJA CoE. Tier 2- Part Time (Players identified 2-3 yrs from WCPP) Commitment to 5 days per month training programme delivered at BJA CoE.
Support Provision	On Site Accommodation at BJA CoE. Access to SSSM support. Access to BOA medical insurance policy. Coaching at BJA CoE.

BJA WCPP - Podium Potential

Age	16-26
Entry Process	Various benchmarked performance and development targets to achieve Level E - Level C support.
Programme Expectation	Full commitment to agreed programme and agreed goals delivered at BJA COE.
Support Provision	<p>UK Sport Athlete Personal Award (APA) from £8,000 - £15,000 per year.</p> <p>On-site accommodation at the BJA CoE.</p> <p>Access to Sport Science and Medical Support.</p> <p>BOA Medical Insurance policy.</p> <p>Access to coaching at the BJA CoE.</p> <p>Access to a global randori and competition programme.</p>

BJA WCPP – Podium

Age	16+
Entry Process	Current Senior World Championship Top 8 or Current Olympic Games Top 8.
Programme Expectation	Full commitment to agreed programme and agreed goals delivered at BJA COE.
Support Provision	<p>UK Sport Athlete Personal Award (APA) from £21,500 - £28,000 per year.</p> <p>On-site accommodation at the BJA CoE.</p> <p>Access to Sport Science and Medical Support.</p> <p>BOA Medical Insurance policy.</p> <p>Access to coaching at the BJA CoE.</p> <p>Access to a global randori and competition programme.</p>

Key Dates

Talent Development Squad Programme's

National Jnr & Snr Squad Programme

Transition & Snr Performance Programme

January	February	March	April	May	June
TD year runs from January to December					
TDP Training Camp		TDP Training Camp	Opportunity for co-option		TDP Training Camp
National Squad, Transition & Performance Programme event budget period 1. Jan - June.					
TDP Squad Players Announced					
National Squad Players Announced					
		Transition Application Window	Transition Assessment Window	Transition Selection Window	Athlete Reviews

July	August	September	October	November	December
TD year runs from January to December					
Cadet 3 & Jnr 1 athletes looking to apply for following year transition programme expected to start attending Tues and/or Thurs National Randori from July.					
	TDP Training Camp		TDP Training Camp	TDP Training Camp	
				TD/TDP Application Window (2016/2017) 14 th Nov –31 st Dec	
National Squad, Transition & Performance Programme event budget period 2. July - Dec.					
National Squad Players Announced					
New Transition athletes begin in July					
					Athlete Reviews

Support Staff

Performance and Transition (SIS)

National High Performance Coach
Euan Burton

Performance Admin
Claire Fairley

High Performance Coach
Billy Cusack

High Performance Coach
Takafumi Kitahara

Physiotherapist
Craig More &
Hannah Jones

Physical Preparation
Greg Valentine

Sports Medicine
Andrew Murray

Performance Lifestyle
Mary McClung

Physiology
Andrew Somerville

Performance Psychology

Performance Nutrition
Nikos Jakubiak

Special Projects
Malcolm Fairweather

National Squad (JS)

Coaching Futures National Squad Lead
Michael Horley

Talent Development Support Coach – National Squad
Lee Calder

Talent Development Programme (JS)

National Talent Development Coach
Gary Edwards

Talent Development Support Coach – East
Colin Woods

Talent Development Support Coach – West
Andrew Malone

Talent Development Support Coach – North
Stuart McWatt

Additional Potential Funding/ Support Sources

Uk Sport WCPP APA

Currently available to Podium Potential level athletes based at the BJA CoE and to Podium level athletes based at one of the 6 BJA approved centres. In 2020 Tokyo cycle will only be available to athletes based at BJA CoE. (Various - £8,000 to £28,000)

SportScotland APA

Introduced for London 2012, Sochi 2014, and Glasgow 2014. SportsScotland initiative which provides financial assistance targeted at athletes deemed to show medal winning potential at next CWG. Not likely to come into effect for Scottish judoka until ~2020 (2 years prior to Durban 2022 CWG) (£6000)

SAAS Loans / Grants

Agency of the Scottish Government giving financial support to eligible students doing a course of higher education in the UK

Scholarships & Bursaries Various

Sponsors / Crowdfunding / Club Funding / Work

Various

Scottish Sports Aid

Charity that provides financial assistance in the form of grant awards to talented sporting youngsters aged 12 to 22 who are already competing at national level in their age group and have the potential to represent Scotland at senior level.

Finance given is to help the athletes with their travel and training costs, who are currently competing at national level for their age group / ranked within the top 3 nationally within their age-group

Athletes should not be in receipt of over £1,000 of other funding, such as lottery-funded or sportScotland funded 'athlete personal awards', or Scottish Institute of Sport 'Winning students' funding

Scottish Sports Aid grant application forms are available in October each year. There is usually a dead-line at the end of November each year for lodging the completed applications, with majority of grants paid in February to April following year.

Winning Students

To receive a Winning Students grant, you must have a British passport and be able to represent either Great Britain or Scotland.

You also must be studying or set to study at a college or university in the Winning Students network. You will also need a full JudoScotland licence and must be able to undertake an agreed performance programme delivered via the JudoScotland NTC. The number of places is determined by the size of the award available to the sport. Should applications outweigh available scholarships, places will be awarded based on performance matrix;

Demonstration of engagement / commitment to JudoScotland Performance Programme.

Potential to support JudoScotland Performance objectives in Tokyo 2020 Olympic / Paralympic cycles and/or Durban 2022 CWG cycle. JudoScotland has until 30 September to submit nominations for the current year (Various: £1900 - £6000)

SAAS Loans / Grants

Agency of the Scottish Government giving financial support to eligible students doing a course of higher education in the UK

Appendix

Appendix A

Talent Development Performance Squad (TDP)

This squad sits above the TD squad and is for athletes who have shown the ability to perform at British events. This squad aims to prepare athletes to compete internationally and lay a foundation for future success. This squad is for athletes in Age Bands B1, B2, C1, C2, C3, J1.

To be selected to join this squad athletes must satisfy the following criteria:

- Be resident in Scotland, born in Scotland or have a parent born in Scotland.
- Hold a JudoScotland license
- Hold a British passport and supply these details to JudoScotland
- Be looking to participate in International competitions and training camps
- Must attend all Talent Development squad weekends
- Must commit to one area training session per calendar month.

To be eligible for selection to this squad in **2017** athletes should have had performances at the following identification events in 2015/2016;

- British Pre Cadet / Cadet Championships (2015)
- North West Area Open (2016)
- Scottish Age Band Championships (2016)
- Sportif International (2016)
- Midland Area Open (2016)

To be eligible for selection to this squad in **2018** athletes will have to have performances at the following identification events in 2016/2017;

- British Pre Cadet / Cadet Championships (2016)
- Sportif International (2017)
- Scottish Age Band Championships (2017)
- Welsh Open (2017)
- Croatia Cadet Cup/Girls (2017)
- English Open (2017)
- Northern Ireland Open Cadet (2017)
- CZE European cup - Boys & Girls (2017)
- Matsumi Cup – Denmark (2017)
- Bremen/Boys (2017)

Points at these events are allocated in the following way:

Result	Points
Gold	200
Silver	150
Bronze	100
5 th Place	50

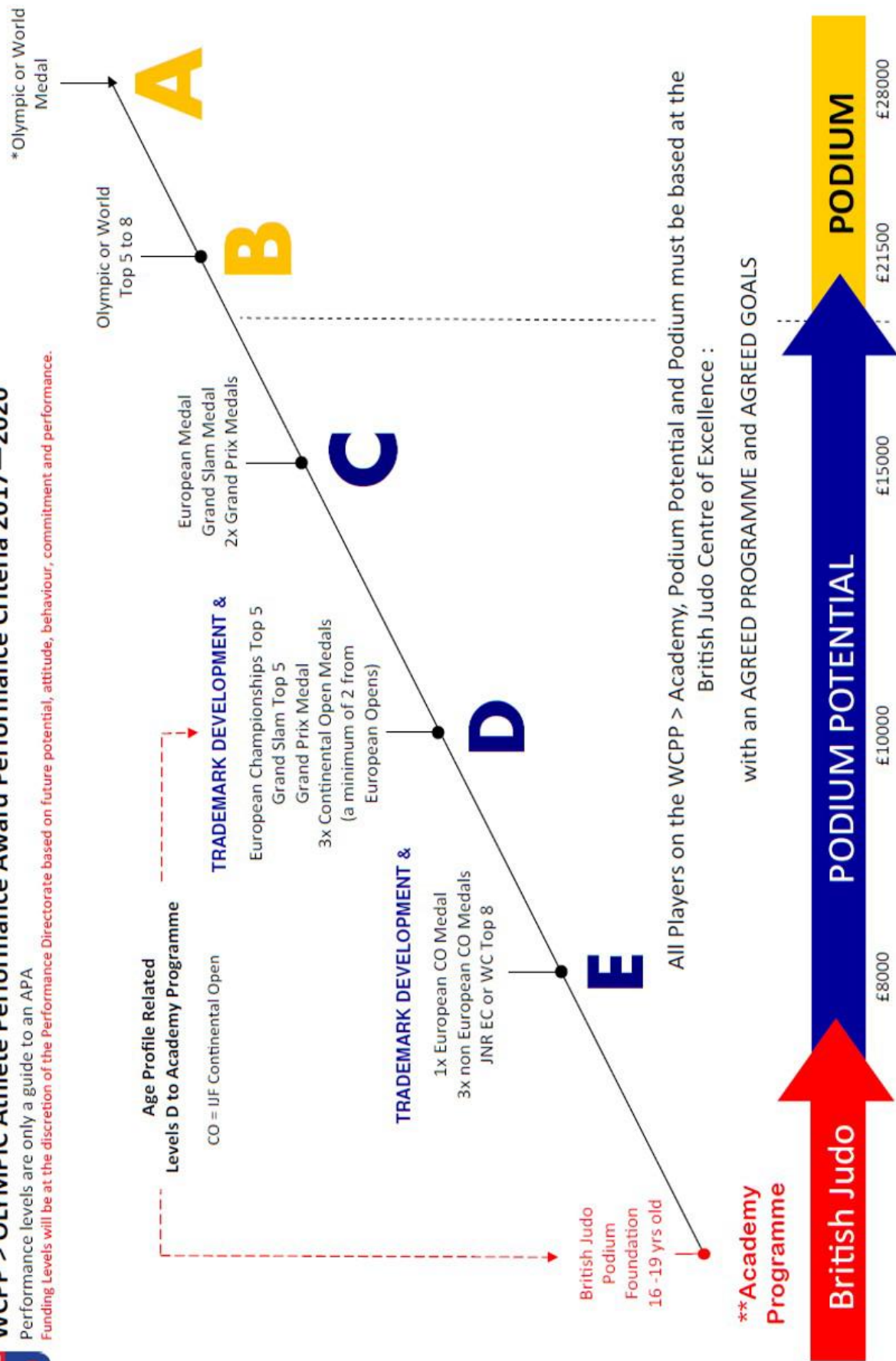
- Players with 200+ points will normally be selected to the Talent Development Performance Squad.
- Players with 100-200 points will normally be considered for selection to the Talent Development Performance Squad with additional factors (injury, illness, weight change, current engagement with programme) taken into consideration.
- Players moving from C1 to C2 who were on the TDP Squad in 2016 will be selected to the 2017 TDP Squad regardless of whether they meet the 200+ points.
- If an athlete's wellbeing or safety is likely to be at risk by being on the TDP Squad the National Talent Development Coach, Gary Edwards, will discuss these concerns with the athletes parents and coach and may choose not to select the athlete to the TDP Squad.



WCPP > OLYMPIC Athlete Performance Award Performance Criteria 2017 – 2020

Performance levels are only a guide to an APA

Funding Levels will be at the discretion of the Performance Directorate based on future potential, attitude, behaviour, commitment and performance.



* A Level : players must achieve a minimum of C Level performance to be funded at A Level for a maximum of 2 years

**Academy Programme : On Site Accommodation and programme costs (IAP, Coaching, SSSM, Performance Lifestyle) and including membership to the UKSPORT Athlete Medical Scheme.

Glossary of Terms

JS	JudoScotland
BJA	British Judo Association
SIS	Scottish Institute of Sport
BOA	British Olympic Association
CoE	Centre of Excellence
NTC	National Training Centre
CWG	Commonwealth Games
TDP	Talent Development Performance Squad
TD	Talent Development Squad
Jnr	Junior
Snr	Senior
WCPP	World Class Performance Programme
ONST	Open National Squad Training
GB	Great Britain
S&C	Strength and Conditioning

Key Contact Details

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