

Memorandum



To: Players and Coaches

From: Euan Burton, High Performance Judo Coach

Subject: Physio Support Scheme

Dear Athlete/Judoka,

Physio Support Scheme

JudoScotland have piloted a regional physio support scheme, which consists of a network of regional physiotherapy clinics where identified, supported athletes, can access high quality physiotherapy support at a significantly subsidised rate.

An invitation to be involved in this programme is being extended to you as a current member of the JudoScotland National Squad.

Athlete Qualification

To qualify for this subsidised support you will have been named as an athlete on either:

1. The JS TD **Performance** Squad
2. The JS National Junior/Senior Squad

Support Provision

The establishment of this regional support network should allow athletes to access physiotherapy support closer to home and will mean that athletes will pay a significantly subsidised rate of £20 per appointment.

The identified 3 clinics, and agreed initial cost at each, are shown below:

- East – FASIC, 46 Pleasance, Edinburgh - £38; (Please ask to be seen by Gemma Langlands)
- West – Hampden Sports Clinic, Hampden Park, Glasgow G42 9ED - £34;
- North – SPEAR Physiotherapy, Aberdeen Sports Village, Linksfield Road, Aberdeen, AB24 5RU - £34.

Pilot Programme Delivery

The process to access the subsidised rate would be:

1. JudoScotland (JS) provide each Clinic with a list of JS qualifying athletes;
2. JS to communicate to each Clinic contact details and process to athletes / parents;
3. Athletes/parents to book appointments and **pay full cost** (shown above) directly with the relevant Clinic and obtain a receipt;
4. Athlete to then claim back the appointment subsidy from JS via an expense claim form (attached) - including the appropriate receipt(s);
5. JS to process athlete appointment subsidy once approved by JS coaching team;

Should you have any questions regarding the above, contact Euan Burton at the JudoScotland office.

Yours sincerely

Euan Burton