

**To:** Players and Coaches

**From:** Euan Burton, High Performance Judo Coach

**Subject:** Physio Support Scheme



Dear Athlete/Judoka,

### **Physio Support Scheme**

JudoScotland have implemented a regional physio support scheme, which consists of a network of regional physiotherapy clinics where identified, supported athletes, can access high quality physiotherapy support at a significantly subsidised rate.

An invitation to be involved in this programme is extended to you as a current member of a JudoScotland National Squad.

### **Athlete Qualification**

To qualify for this subsidised support you will have been named as an athlete on either:

1. The JS TD **Performance** Squad
2. The JS National Junior/Senior Squad

### **Support Provision**

The establishment of this regional support network allows athletes to access physiotherapy support closer to home and will mean that athletes will pay a significantly subsidised rate of £20 per appointment.

The identified 3 clinics, and agreed initial cost at each, are shown below:

- East – FASIC, 46 Pleasance, Edinburgh - £38; (Please ask to be seen by Gemma Langlands)
- West – Hampden Sports Clinic, Hampden Park, Glasgow G42 9ED - £34;
- North – SPEAR Physiotherapy, Aberdeen Sports Village, Linksfield Road, Aberdeen, AB24 5RU - £34.

### **Programme Delivery**

The process to access the subsidised rate would be:

1. JudoScotland (JS) provide each Clinic with a list of JS qualifying athletes;
2. Athletes/parents book and **pay full cost** directly with the relevant Clinic **AND obtain a receipt**;
3. Athlete claim back subsidised portion from JS via an expense claim form - with receipt(s);
4. JS process athlete appointment subsidy once approved by JS coaching team;

Should you have any questions regarding the above, contact Euan Burton [euan.burton@sisport.com](mailto:euan.burton@sisport.com) .

Yours sincerely

Euan Burton