KEIZOKU

SUPPORTING THE CONTINUOUS DEVELOPMENT OF YOUNG SCOTTISH JUDOKA (5-12 YEARS OLD)

LEVEL 1 EVENT

LOCATION: RAVENSCRAIG REGIONAL SPORTS FACILITY
DATE: SUNDAY 22ND NOVEMBER 2026

JudoScotland

Supporting the Continuous Development of Young Scottish Judoka From 5 -12 yrs.

Event Type: Level 1

This developmental judo event is specially designed for young judoka aged 5–12 years who are just beginning to explore competition beyond their club environment. Whether it's their very first event or they have limited experience, the focus is on providing a positive, age- and stage-appropriate introduction to competitive judo.

The event welcomes all children and aims to create a safe, inclusive, and supportive environment. In some cases, especially where participant numbers or weight categories are limited, children may be grouped in mixed-gender divisions to ensure everyone gets meaningful time on the mat and a chance to compete.

Following feedback from members and observing successful examples from other clubs, we are introducing or enhancing mixed-gender divisions to ensure everyone has equitable access to competition and sufficient time on the mat.

Unlike traditional judo competitions, this event follows the *Judo Development Framework* and is tailored to each child's stage of development. With flexible formats, carefully matched pairings, and a focus on learning over winning, the event encourages personal growth, confidence, and enjoyment of the sport.

Subtle adjustments to the usual competition setup help create a fun, low-pressure atmosphere where young judoka can experience the thrill of competition, the challenge of doing their best, and the joy of active participation.

The goal is to foster individual development and a lifelong love of judo—while making the whole experience enjoyable, educational, and memorable.

This event is also designed to provide a developmental opportunity for everyone involved. It will include:

- New Table officials
- New referees

These individuals are gaining valuable experience in a supportive and relaxed environment.

The event aims to offer an enjoyable introduction to officiating, helping them take their first steps with confidence.

What Are "Development Dials"?

The Development Dials are key ideas from our *Player Development Framework* that help us shape events and illustrate who the event is for. They show how the event supports different areas of player growth.

We've shared this information to help you decide if the event is right for you or your players. It's also here to guide you in supporting the event's goals, especially when it comes to setting clear and realistic expectations.

Judo Development	Judoka Independence	Challenge	Support

Breadth v Depth	Guided v Self-guided	Low Challenge v High Challenge	Low Support v High Support
The aim of Keizoku is to provide a fun experience that introduces key areas required for well-rounded, holistic development in preparation for the next stage of the journey.	Although very much a 'coach-led' event, the team will take opportunities to appropriately challenge them through the use of questions and choices - introducing the concept of ownership and allowing the young people to feel 'in control' of their experience.	We will adjust this dial, whenever possible, on an individual basis throughout the event; always aiming to get any level of challenge just right to 'nudge' the judoka into the 'Learning Zone'.	All judoka should feel fully supported throughout the event, with our team of coaches & support staff never too far away with some advice or encouragement. Club coaches are also encouraged to get involved in all elements of the event. We will reinforce positive action, behaviour and/or performance through this support to highlight the judoka's efforts, recognising when they have 'stretched' beyond any *perceived* ability.

Venue Name: Ravenscraig Regional Sports Facility

Venue Address: 1 O'Donnell Way, Motherwell, ML1 2TZ

Event Date: Sunday 22nd November 2026

Closing date: Monday 9th November 2026

JudoScotland are trying to provide opportunities for as many members as possible, but the entry may have to close early if the event gets so busy that the event experience may be affected.

Cost: £30.00

Event T-shirt: An exclusive event T-shirt can be purchased for **£14.00** as a memento of the day. For you and your youngster.

- T-shirt Sizes:
  - 5/6yrs, 7/8yrs, 9/11yrs, 12/13yrs, 14/15yrs, Small, Medium, Large, X Large, 2XL

Entry Requirements: All entrants must hold a valid and current JudoScotland membership.

Age Groups:

When entering please enter the age your child will be on the day of the event.

Groups	Age	Grade
Group 1	5/6/7 years	Kai Grades
Group 2	8/9/10 years	Up to 9th Mon
Group 3	11/12 years	Up to12th Mon
Please note grades are a guide for coaches and parents, if in doubt call our event manager Jo Imrie on 013 333 2981, option 2 events.		

Judoka with a Physical, Sensory or Learning needs

JudoScotland warmly invites any Judoka who has entered Keizoku aged 8yrs and above with physical, sensory or learning needs to take part in our inaugural Scottish Adapted & VI event. We're pleased to offer free entry for the afternoon session to support and celebrate inclusive participation.

Event Format

Grouping: Judoka will be grouped into pools of 4 or 5 based on age and weight. All participants will be weighed in on the day, and, where possible, grouped within their own age category.

Matching System: A matrix system will be used to match participants by both age and weight, ensuring fair and balanced contests that promote learning and enjoyment.

Contest & Scoring Format:

- Each match will have a continuous 2-minute clock.
- The first Ippon will be scored but will not end the contest, to allow maximum mat time for each judoka (unless decided otherwise by referees/coaches).
- No penalties will be awarded during matches.
- In between a set of contests, there will be a host of variety of fun activities for the judoka to take part in.

- This format is designed to give judoka maximum opportunity to gain experience in a supportive and development-focused environment.

What the judoka will need:

- Entrants must have a full membership with either BJA, WJA, NIJF or a member of an IJF recognised NGB.
- A Judogi (judo suit) is required for this event.
- A round neck white T-shirt to wear under your judo suit when you weigh-in.
- Suitable footwear to wear when off the mat
- A filled water bottle to keep you hydrated.

Parents can keep up to date with event information by downloading Telegram

Check in: All judoka will be weighed in on the day at their designated check in times, these times and event information will be emailed to the email address on the child's profile on their JudoScotland membership (please make sure this is up to date) after the closing date.

Reward and Recognition: All judoka will be placed 1st, 2nd, 3rd, and 4th based on their results from the pool sheet. Each participant will receive a medal of participation, regardless of placement. This approach emphasises their effort and dedication, rather than the outcome alone.

- All players will receive a prize bag
- Certificate of Achievement recognising their effort and dedication throughout the competition.
- Participation medal
- Fruit

These will be given out once the group have been completed at their designated mat.

Coaching: We ask that all coaching be carried out in a relaxed and supportive manner. Coaches and club representatives are encouraged to support all participants—regardless of whether they are from your club—so that every young judoka can enjoy and make the most of the event experience.

General Information: Use of Personal Information

We will use the information provided on your entry form or online registration to:

- Process your entry or booking for a course, event, or competition.
- Communicate with you regarding your attendance at that event.
- All personal information will only be used for event organisation purposes.

You can view the full JudoScotland Privacy Notice at: www.JudoScotland.com

Accommodation:

SportsHotels.com, the Official Accommodation Partner of JudoScotland, is here to help secure the ideal accommodation at the perfect price.

All participants can take advantage of exclusive discounted hotel rates, with savings of up to 40% at a range of hotels near the event venue.

Explore accommodation options on their website here.

Need Assistance?

The SportsHotels.com team is ready to help with any accommodation queries. Feel free to reach out directly:

✉ Email: SportsDesk@sportshotels.com

Phone: +44 208 129 5556

Photography and Video: Video recording and photography may take place at this event. Footage and images may be used for promotional purposes, including publication on websites and social media.

By submitting an entry form or registering online, you accept these conditions. In the absence of any expressed objection, parental/guardian consent is assumed for the taking and use of photos or videos.

Welfare and Safeguarding: The event will be run in accordance with the JudoScotland / BJA Child Protection Policy.

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Information poster of our Wellbeing and Protection Officer will be displayed throughout the venue.

If you have any concerns about judoka welfare on the day, please contact our Lead Wellbeing and Protection Officer:

Luke Struthers

Email: safeguarding@judoscotland.com

Tel: 07495 836223

Event Management: The decision of the Event Organiser is final.

Liability: JudoScotland shall not be liable for any delay or failure to perform any obligation, or for any alterations/cancellations, due to causes beyond its reasonable control. These may include, but are not limited to:

- Venue Closure
- Strikes, lockouts, or labour disputes
- Acts of God (e.g. war, riot, civil unrest, terrorism, etc.)
- Threats to safety, compliance with government laws or orders
- Environmental contamination, pandemics, disease outbreaks
- Equipment failure, fire, flood, storm
- Shortage or increased cost of staff, materials, or goods

Refund Policy

Entry Fees: Refunds will only be issued if requested before the official closing date of the event. No refunds will be considered after this date. Administrative fees may apply.

Additional Information

By entering and/or attending this event you agree to abide by all British Judo Association policies and codes of conduct.
This includes but is not limited to:

- Transgender policy https://www.britishjudo.org.uk/what-we-do/policies/transgender-eligibility-and-participation-in-competition-policy/
- Codes of conduct https://www.britishjudo.org.uk/membership-terms-conditions/
- Contest rules https://www.britishjudo.org.uk/compete/organising-a-competition/contest-rules/
    - https://www.britishjudo.org.uk/roles-and-clubs/roles/referees/resources/
- Stoma bags: https://www.britishjudo.org.uk/participation-in-competition-with-stoma-bags/
- Prosthetic limbs: https://www.britishjudo.org.uk/participation-in-competition-with-prosthetic-limbs/
- You must contact the organisers and events@bririshjudo.org.uk if you require any support at the event or have any questions regarding the above points.
- Please note that failure to comply with these policies and codes of conduct may result in not being able to compete/attend this event, or removal from the event, and notification to the British Judo