

2026 JudoScotland Performance Programme Judoka Code of Conduct and Agreement

As a JudoScotland Performance Programme judoka, you have a responsibility to yourself, your club, and your sport to demonstrate behaviours that uphold and promote the JudoScotland Values of courtesy, courage, honesty, honour, modesty, self-control, friendship, and respect.

This responsibility is not only about protecting the integrity of the sport, but also about safeguarding you as an individual. Failure to comply with this Code of Conduct may result in disciplinary action, including removal from training, events, or the Performance Programme.

At all times, judoka are expected to:

1. Follow guidance regarding safe and appropriate weight management.
2. Abstain from participating in any activity that violates the laws of the United Kingdom.
3. Use social media responsibly and in a manner that positively represents themselves, fellow athletes, JudoScotland, and British Judo.
4. Not share inappropriate images of themselves or others on social media or any digital platform.
5. Refrain from any form of bullying, harassment, or discrimination.
6. Avoid any behaviour that could bring JudoScotland or British Judo into disrepute.
7. Train with full effort and commitment, following programme planning and technical direction.
8. Communicate respectfully and openly with staff, coaches, and fellow athletes. Address concerns through appropriate channels, not via social media or informal complaints.
9. Comply fully with the anti-doping rules and regulations set by UKAD and WADA.
10. Demonstrate positive behaviour and uphold the values outlined in the JudoScotland Values and the GB Judo Way (Code of Conduct).
11. Report and call out any cases of bullying (all forms) and unprofessional behaviour to the JudoScotland Performance Staff or Lead Wellbeing and Protection Officer.

Email: safeguarding@judoscotland.com

My Voice reporting portal: [MyVoice](#)

Whilst at International & Domestic Competitions & Training Camps:

1. Strictly adhere to all curfews and meeting times.
2. Not enter another judoka's room.
3. Not purchase or consume alcohol.

4. Follow the laws and expectations/culture of the countries they are visiting.
5. Maintain a tidy living and training environment.
6. Stay in the Competition Venue or Accommodation Complex unless give permission by the lead coach.
7. Follow the rules and regulations of the competition organiser, IJF & EJU.
8. Adhere to requests by JudoScotland Staff and Coaching Team.
9. Where it has been provide judoka must travel in JudoScotland branded kit.
10. Show respect to others involved in the sport including competition officials, fighters, coaches, managers, and spectators.

Additional Elements,

1. You are required to maintain your own JudoScotland License.
2. Agree to JudoScotland using your name and image in promotional materials, marketing, advertising and merchandising, during your involvement in the Performance Programme, without charge. Agree to the use of your name and image in a factual context, following the end of your involvement in the Performance Programme.
3. Understand that breaches of this Code of Conduct may result in disciplinary action, including removal from training, events, or the Performance Programme.

I understand that failure to adhere and comply in full to any part of this document could lead to disciplinary action through the Disciplinary policy and may result in my immediate removal from the Performance Programme, and all benefits associated with it - including the withdrawal of any personal funding I may receive.

It is strongly recommended that ALL fighters have medical insurance. This is your responsibility, unless informed otherwise.